

Nordplus Adult, the final meeting in Finland 8.–10.5.2016 (you will get the printed programme here!)**Sunday 8.5.2016**

Project participants arrive to Lappeenranta and are staying at hotel Cumulus (<https://www.cumulus.fi/en/hotels/cumulus-lappeenranta> Valtakatu 31, 53100 Lappeenranta) and at Original Sokos Hotel Lappee (<https://www.sokoshotels.fi/en/lappeenranta> Brahenkatu 1, 53100 Lappeenranta).

Monday 9.5.2016

(place: Adult Education Centre of South Karelia, address: Pohjolankatu 27, 53100 Lappeenranta)

- at 8.50 The opening words, rector of Ekko, Mrs. **Sanna Mäkelä**, <http://ekko.fi/english>
- at 9.00 Head of Marketing and Customer Service of Lappeenranta, Mrs. **Mirka Rahman** speaks: *"Introduction to Lappeenranta city"*
-> the project participants get the basic information of Lappeenranta
<http://lappeenranta.fi/en> and <https://www.youtube.com/watch?v=wJKgkB0SwZk>
- at 9.30 ***"Monitoring of the RAISE-project's progress and evaluation of the project, its outcomes and results"***, Project Coordinator, Mrs. **Rasa Marcinkevičienė**
- at 9.50 The Keynote Speaker, Regional Counsellor, M.A. & M.Sc. (B.A.) Mrs. **Anu Talka** from Regional Council of South Karelia gives a lecture on the theme:
"How the South Karelian Culture Heritage of Finland has been taken into consideration in South Karelia's development?" – *sharing experiences and a little workshop on the theme "Building based on strengths"*
- at 10.40 **"Our work and everyday life"** The Association of the Artist-craftsmen of South Karelia, the chairman of the association **Tarja Talonpoika**, their www-pages: <http://ta-ky.net/>
- at 11.10 Walk to the lunch place
- at 11.45 **Lunch at former vicarage** of Lappeenranta (<http://www.lappeenruustinna.fi/>)
- at 12.45 Walk back to the Adult Education Centre of South Karelia
- at 13.15 Digital stories of the project partners ***"Traditional festivals and culinary heritage"***
- at 14.15 Project partners' presentations ***"Alike but different"***
- at 15.10 Presentation of the **project recommendations** and CD
- at 15.30 **Coffee break**
- at 16.00 **Discuss about the final report**
- at 17.00 Walk to the workshop Ideri of the lifestyle entrepreneurship/artist, Mrs. **Heli Pukki**
- at 17.20 **Visit to the Ideri workshop** (<http://www.ideri.fi/>)
- at 18.00 To the hotels
- at 19.30 **Dinner at restaurant Rosso** (Kauppakatu 29–31, 53100 Lpr, <https://www.raflaamo.fi/en/lappeenranta/rosso-lappeenranta>)

Tuesday 10.5.2016

at 9.00 Departure to the neighbour town **Imatra**, the bus is waiting at the hotels
(the bus comes first to Hotel Cumulus at 9.00 and then to the Sokos Hotel Lappee about at 9.10)

at 10.00 Visit at the lifestyle entrepreneur's, Mrs. Tiina Kärkäs' shop **Virkkukoukkunen**
(<http://www.virkkukoukkunen.net/>)
-> one worker tells us about the firm and we can make some shopping

at 11.00 Visit at the **Imatrankoski rapids** (<http://bit.ly/1oLTzF> and <http://bit.ly/1QRdz1W>)
and **Imatra Valtionhotelli** (<http://bit.ly/1QQ4Xc3>)

Imatrankoski rapids were formed 5000 year ago, when land rose after the Ice Age and Lake Saimaa waters tore the Salpauskä ridge apart. Imatrankoski was a famous tourist attraction already 300 hundred years ago, and in the end of 1800 century it was considered as a one of the Europe's most know attractions. Many famous people visited Imatrankoski that time and the tourism in Imatra is considered to have begun in 1772, when Empress Catherine II of Russia and her retinue came to admire this magnificent play of the water in the narrow waterway.

Kruununpuisto Park, the oldest nature park in Finland, occupying the area around the Imatrankoski Rapids, was founded in 1842 by Tsar Nicholas I. The Kruununpuisto Park features four different sections, the Koskipuisto Park, the Patopuisto Park, the Muinaisuoma Park and the Valtionhotelli Park, and numerous sights, ranging from monuments to the largest hydroelectric power plant in Finland and a summer theatre. Rapids are nowadays blocked by a dam, but during the summer there are daily shows, when dam is opened. The show is a very popular (and free) happening gathering always hundreds of people to see magnificent nature show.

at 12.00 **Lunch at restaurant Rosso Imatra** (<https://www.raflaamo.fi/en/imatra/rosso-imatra>)

at 13.15 Bus takes us back to the city of Lappeenranta and its fortress

at 14.00 Visit at the local event café & restaurant **Kehruuhuone** situating at the fortress of Lappeenranta (<http://www.kehruuhuone.fi/>), where we will get coffee and hear about the Fortress by Mrs. **Laura Hesso** from the local office of The National Board of Antiquities of Finland (<http://www.lappeenranta.fi/en/Our-City/Lappeenranta-Fortress>)

The Fortress of Lappeenranta – an Active Part of Today's Lappeenranta

The National Board of Antiquities of Finland has been conducting extensive renovations in the Fortress of Lappeenranta since the 1980s. During this work, fortification equipment mainly constructed in the last quarter of the 18th century was restored to its original shape.

Today, the Fortress of Lappeenranta, or the old town, is an active part of the town of Lappeenranta. The oldest buildings, such as the Orthodox Church and the Former Commandant's House, date from the 1770s, the wooden buildings from the 19th century and the brick-built military garrisons from the early 20th century.

The main street, Kristiinankatu, was named after the Swedish queen, Christina, during whose reign, in 1649, a town called Lapwestrandh, or Lappeenranta, was founded on the fortress hill. The Fortress area's old building stock is protected by building preservation law.

More in shortly: <http://www3.lappeenranta.fi/linnoitus/linnoitusmultimedia/english/etusivu.htm>
<http://www.lappeenranta.fi/en/Our-City/Lappeenranta-Fortress/History>

at 15.00 Visit at the **South Karelia Museum** (<http://bit.ly/1oIM7Xp>)

The collections of the Museum of Cultural History are drawn from the museums of Lappeenranta, Vyborg and Käkisalmi (Priozersk). The museum's work of preservation and recording, research and display encompasses not only the present-day region of South Karelia but also the southern part of Karelia which was ceded to Russia, i.e. the Karelian Isthmus.

The permanent exhibition, "On the Border", is about the location of Lappeenranta between East and West. "Three Karelian Towns" presents the essential phases in the history of Lappeenranta, Vyborg and Käkisalmi (Priozersk). Lappeenranta is well suited for presenting these towns, since their history contains many similarities and along with local culture the town has fostered the intellectual and material cultural heritage of the Karelian Isthmus. One of the main attractions of the permanent exhibition is the scale model of the town of Vyborg, which features the town as it was at midday on 2nd September 1939: here we see the inhabitants, cars, trams, ships and trains, all going about their everyday business. The total surface of the model is 24 square metres, and it covers the area from Patterinmäki to Siikaniemi and from Havi to Papula. Apart from the permanent exhibition the museum stages temporary exhibitions on various themes.

at 16.00 Visit at the **orthodox church of the fortress** (<http://bit.ly/1XUJXAe>)

Finland's oldest Russian Orthodox Church is dedicated to Virgin Mary, and it was completed in 1785.

at 16.30 Workshops of the fortress (<http://bit.ly/1QGdwzC>)
-> to the hotels

at 19.30 Dinner at the restaurant **Amarillo** (<https://www.raflaamo.fi/en/lappeenranta/amarillo-lappeenranta>) and closing words of the project

Wednesday 11.5.2016

Project partners are leaving home after the breakfast